A group of hands holding colorful building blocks

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Bright Minds, Calm Hearts Mindful

Learning – LEGO® Play Therapy

Referral Form

When you submit this form, your personal data will only be collected if you provide it. All information is stored securely and processed in line with UK GDPR and data protection laws.

**Sign-Up Form**

To access our services, we require some basic information and a few questions to understand your needs. This allows us to match you with the most suitable service

If you are under 18, a parent/carer must give consent before sessions begin—this can be arranged upon initial contact.

Once submitted, I will be in touch to discuss next steps.

Email \*

Your email address

Preferred Name

Surname \*

Pronouns and Gender\*

Identity \* -

Email\*

Address \*

Telephone Number \*

Can we leave a voicemail or text message?

Yes

No

Home Address & Postcode \*

Your answer

Date of Birth\*

\*

Date\*

(dd/MM/yyyy)

Ethnicity \*

Registered GP Surgery \*

What has prompted you to access support at this time?

Which service(s) are you interested in? \*

LEGO® Play Therapy

SleepCalm: Support for Children &

Families

Mindfulness

Workshops

Your answer

Does the child/young person have any diagnosed conditions? (e.g. ADHD, ASD, anxiety, trauma, physical health needs) Your answer

What are your main concerns or reasons for referral? (e.g. emotional difficulties, behaviour, friendships, anxiety, changes at home/school) Your answer

Has the child/young person accessed any previous support (e.g. therapy, mentoring, SENCO)?

Yes

No

Not sure

Are there any known risks or

safeguarding concerns?

Your answer

What do you hope your child/young

person will gain from LEGO® Therapy? Your answer

Does the child/young person enjoy LEGO® or similar construction play?

Yes

No

Not sure

Preferred sessions: \*

(Select all that apply)

Individual 1:1 Sessions

Small Group (2–3 children)

Parent/Sibling and Child joint sessions

Would like advice

Do you or your child have any accessibility requirements?

Your answer

Availability for weekly sessions:

(Tick all that apply)

Monday PM After School

Tuesday PM After School

Wednesday PM After School

Thursday PM After School

Morning Availability

Afternoon Availability

Session Fees

LEGO® Brick Play Therapy is delivered in blocks of 6 weekly sessions, each lasting 60 minutes. The total cost per block is £180.

Payment is due in advance of the first session unless a different arrangement is agreed.

Please confirm:

I understand the cost is £180 per 6- session block ☐

How did you hear about us? \*

School or SENCO

GP / Health professional

Social media

Word of mouth

Website

Is there anything else you’d like to tell us?

Your answer

Today’s Date\*

Date (dd/MM/yyyy)

Your answer